

Chaperone Policy

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Overview for all staff

- All patients are to be routinely offered a chaperone, ideally when booking their appointment. A chaperone must be provided when necessary to safeguard both patients and clinicians during intimate examinations or procedures.
- All staff must complete chaperone awareness training and those staff nominated to act as chaperones must have completed the appropriate training to enable them to undertake this role.
- All staff who act as chaperones must have a DBS Standard check in place as a minimum.
- Intimate examinations of children or young people under 18 must be conducted in the presence of a chaperone; a parent or carer may also be present to provide reassurance.
- When the child or young person is unable to give consent, parents or carers must be given an appropriate explanation to enable them to provide informed consent.
- The use of chaperones must be annotated in the individual's healthcare record and the appropriate SNOMEDCT ID used.

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1 Introduction

1.1 Policy statement

At Park Medical Centre, all patients will routinely be offered a chaperone, ideally at the time of booking an appointment. It is a requirement that, when necessary, chaperones are provided to protect and safeguard both patients and clinicians during intimate examinations and or procedures. This policy adheres to the guidance detailed in CQC GP mythbuster 15: Chaperones and NHS England's Improving chaperoning practice in the NHS: key principles and guidance.

The [CQC GP Mythbuster 15: Chaperones](#) advises that for children and young people, their parents, relatives and carers should be made aware of the policy and why this is important.

To raise awareness, the chaperone policy will be clearly advertised. At this organisation, a chaperone poster (**Appendix One**) is clearly displayed in the waiting area, in all clinical areas and annotated in the organisation leaflet as well as on the organisation website.

1.2 Status

In accordance with the Equality Act 2010, we have considered how provisions within this policy might impact on different groups and individuals. This document and any procedures contained within it are non-contractual, which means they may be modified or withdrawn at any time. They apply to all employees and contractors working for the organisation.

2 Policy

2.1 Who can act as a chaperone

At Park Medical Centre, it is policy that any member of the organisation team can act as a chaperone only if they have undertaken appropriate chaperone training as detailed in [CQC GP Mythbuster 15](#).

At Park Medical Centre, **all staff** must complete chaperone awareness training which covers the role of the chaperone.

At Park Medical Centre, any member of staff who acts as a chaperone will have a DBS Standard check in place as a minimum.

2.2 General guidance

The [GMC Intimate examinations and chaperones guidance](#) explains that the patient should be given the option of having an impartial observer (a chaperone) present whenever possible.

As per the GMC guidance, relatives or friends of the patient are not considered to be an impartial observer so would not usually be a suitable chaperone but staff at this organisation should comply with a reasonable request to have such a person present in addition to the chaperone.

The GMC guidance also provides detailed information as to what the clinician should do before and during the examination, including adhering to the GMC [Decision making and consent guidance](#). When a chaperone is present, the details of the chaperone must be recorded in the patient's clinical record.

The GMC guidance states that before conducting an intimate examination, the clinician should:

- Explain to the patient why the particular examination is necessary and give the patient the opportunity to ask questions
- Explain what the examination will involve, in a way the patient can understand, so that the patient has a clear idea of what to expect including any pain or discomfort
- Get the patient's permission before the examination and record that the patient has given it
- Offer the patient a chaperone
- If dealing with a child or young person:
 - Assess their capacity to consent to the examination
 - If they lack the capacity to consent, parents or guardians must receive an appropriate explanation of the procedure to provide informed consent
 - Any intimate examination on children and young people under 18 years should be carried out in the presence of a formal chaperone. A parent, carer or someone known and trusted by the child may also be present during the examination or procedure to provide reassurance.
- Give the patient privacy to undress and dress and keep them covered as much as possible to maintain their dignity; they should not help the patient to remove clothing unless they have been asked to or they have checked with the patient that they want help

During the examination, the clinician should:

- Explain what they are going to do before they do it, and if this differs from what they previously told the patient, explain why and seek the patient's permission
- Stop the examination if the patient asks them to
- Keep discussion relevant and not make unnecessary personal comments

When a chaperone is present, the details of the chaperone must be recorded in the patient's clinical record. This can be completed within the Chaperone Ardens Template on EMIS.

2.3 Role and expectations of a chaperone

At this organisation, chaperones will adhere to the [GMC guidance](#) which states chaperones will:

- Be sensitive and respect the patient's dignity and confidentiality
- Reassure the patient if they show signs of distress or discomfort
- Be familiar with the procedures involved in a routine intimate examination
- Stay for the whole examination and be able to see what the doctor is doing, if practical
- Be prepared to raise concerns if they are concerned about the doctor's behaviour or actions
- Chaperone will record that they have acted as chaperone within EMIS and also record anything relating to the examination if appropriate

The [CQC](#) advises that for most patients and procedures, respect, explanation, consent and privacy are all that are needed. These take precedence over the need for a chaperone. A chaperone does not remove the need for adequate explanation and courtesy. Neither can a chaperone provide full assurance that the procedure or examination is conducted appropriately.

2.4 When a chaperone is unavailable

The GMC advises that if either the clinician or the patient does not want the examination to go ahead without a chaperone present, or if either is uncomfortable with the choice of chaperone, the clinician may offer to delay the examination until a later date when a suitable chaperone will be available as long as the delay would not adversely affect the patient's health.

2.5 When a patient refuses a chaperone

If the clinician does not want to proceed with the examination without a chaperone but the patient has refused a chaperone, the clinician must clearly explain why they want a chaperone present. The [GMC](#) states that ultimately the patient's clinical needs must take precedence. The clinician may wish to consider referring the patient to a colleague who would be willing to examine them without a chaperone as long as a delay would not adversely affect the patient's health.

Any discussion about chaperones and the outcome should be recorded in the patient's medical record, and in particular:

- Who the chaperone was
- Their title
- That the offer was made and declined

2.6 Disclosure and Barring Service (DBS) check

Clinical staff who undertake a chaperone role at Park Medical Centre will already have a DBS check. The [CQC](#) states that non-clinical staff who carry out chaperone

duties may need a DBS check. This is due to the nature of chaperoning duties and the level of patient contact.

At Park Medical Centre, any member of staff who acts as a chaperone will have a DBS Standard check in place as a minimum.

2.7 Using chaperones during a video consultation

While it is widely accepted that many intimate examinations will not be suitable for a video consultation, should such a consultation be agreed, staff at this organisation are to adhere to the guidance detailed in [CQC GP mythbuster 15](#).

This guidance explains that many intimate examinations will not be suitable for a video consultation. When online, video or telephone consultations take place, [GMC guidance](#) explains how to protect patients when images are needed to support clinical decision making. This includes the appropriate use of photographs and video consultations as part of patient care.

When intimate examinations are performed, it is important that a chaperone is offered. Documentation should clearly reflect this. It is important to document who provided the chaperoning and this should also state what part of the consultation they were present for.

2.8 Home visits and chaperones

[NHS England guidance](#) states that patients should be offered a chaperone in advance of a home visit appointment. This will enable a chaperone to accompany the clinician during the visit. When this is not possible, clinicians must ensure there is clear communication and thorough documentation explaining why the examination proceeded without a chaperone being present and that this was agreed with the patient.

2.9 Vulnerable patients

[NHS England guidance](#) explains that when any patient is unable to make an informed decision, the healthcare professional must use their clinical judgement and be able to justify their course of action. This organisation will ensure any necessary reasonable adjustments are made for vulnerable patients.

2.10 Children and young people under 18 years

[NHS England guidance](#) states that any intimate examination on children and young people under 18 years should be carried out in the presence of a formal chaperone. A parent, carer or someone known and trusted by the child may also be present during the examination or procedure to provide reassurance. Parents or guardians must receive an appropriate explanation of the procedure to provide informed consent when the young person is unable to do so themselves.

2.11 Practice procedure (including SNOMED codes)

If a chaperone was not requested at the time of booking the appointment, the clinician will offer the patient a chaperone explaining the requirements:

- Contact reception and request a chaperone
- Record in the individual's healthcare record that a chaperone is present and identify them
- The chaperone should be introduced to the patient
- The chaperone should assist as required but maintain a position so that they are able to witness the procedure/examination (usually at the head end)
- The chaperone should adhere to their role at all times
- Post procedure or examination, the chaperone should ensure they annotate in the patient's healthcare record that they were present during the examination and there were no issues observed or record issues if there were any to report.
- The clinician will annotate in the individual's healthcare record the full details of the procedure as per current medical records policy

Detail	SNOMED CT Code
Chaperone offered	1104081000000107
Provision of chaperone refused	763380007
Chaperone not available	428929009
Presence of chaperone	314229006

2.12 Escorting of visitors and guests (including VIPs)

There may be, on occasion, a need to ensure that appropriate measures are in place to escort visitors and guests including VIPs. On such occasions, this organisation will follow the recommendations outlined in the [Lampard Report \(2015\)](#).

If media interest is likely, the Business Manager is to inform the local ICB, requesting that the communication team provides guidance and/or support where necessary.



PARK MEDICAL CENTRE
GENERAL PRACTICE SURGERY

Appendix One

Chaperone

You may request a suitably trained chaperone for any procedure, test or examination.

Friends and family are not permitted to act as chaperones.

Please note - both male and female clinical team members work within the practice, if you have a preference, please ensure you discuss this when you book your appointment.

For more information, please speak to reception.